

January 31st – 2-5pm PT: *Livestream Event*

5 Hidden Keys to Heal your Hunger & *Finally Feel Great in your Body*

Welcome! This is your chance to pull together all of the Heal Your Hunger “juicy morsels of truth”, so you can finally get off the diet roller coaster ride and start healing your relationship with food. Stop struggling with sugar, food and weight, and start feeling great about your food choices and yourself. *You deserve to live in freedom!*

HYH Hidden Key #1 _____

HYH Hidden Key #2 _____

HYH Hidden Key #3 _____

HYH Hidden Key #4 _____

HYH Hidden Key #5 _____

BONUS (for a prize): _____

5 Hidden Keys to Heal your Hunger & *Finally Feel Great in your Body*

SPEAKER NOTES:

Guest Speaker 1 _____

Guest Speaker 2 _____

Guest Speaker 3 _____

Guest Speaker 4 _____

My VISION of Health: _____
